

# Health Outlook

West Virginia State Ranks 2nd in the Obesity Epidemic

**bmi:** Body Mass Index  
- An "indicator of body fatness for people" <sup>(1)</sup>.

National Average for 2006

| Normal | Overweight | Obese |
|--------|------------|-------|
| 37.7%  | 36.5%      | 25.1% |

source: <http://www.cdc.gov/brfss/index.htm>



## BMI State Trends

Choose State:

West Virginia ▼

Age Group:

2 - 20 Years:

21 & Older:

Gender:

Female:

Male:

Submit

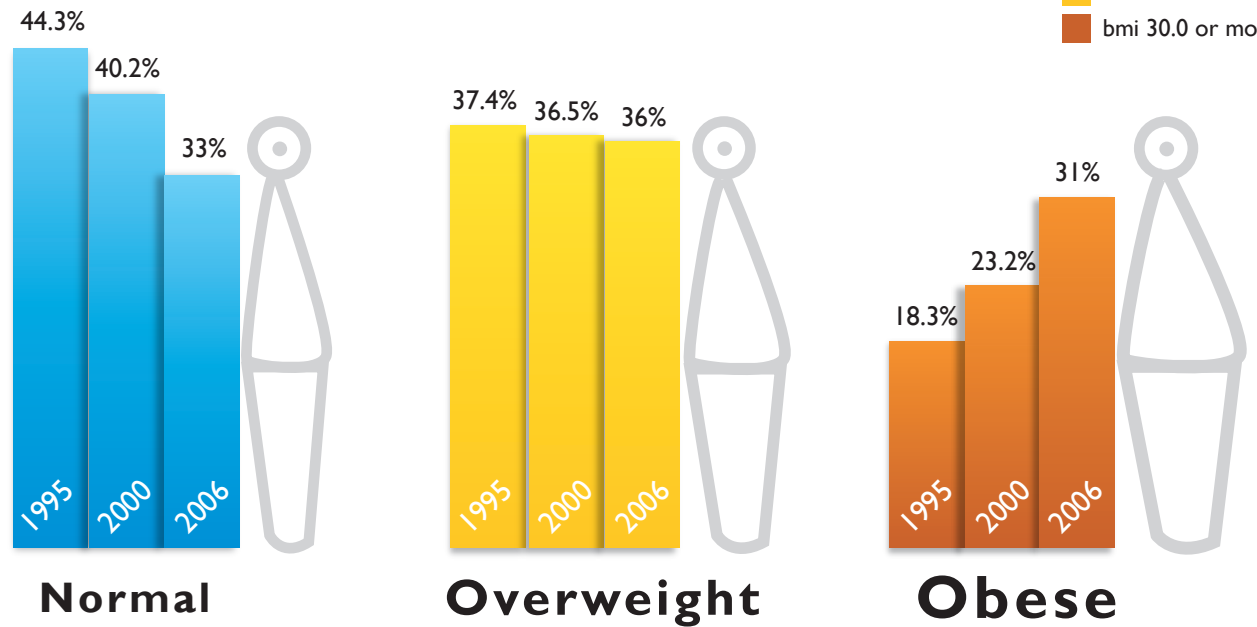
Learn more about the bmi calculator:  
<http://www.cdc.gov/nccdphp/dnpa/bmi/>

## West Virginia

State Trends

BMI Key

■ bmi 18.5 - 24.9  
■ bmi 25.0 - 29.9  
■ bmi 30.0 or more



Percentages of Adults 18 and Older in West Virginia with Body Mass Index of Normal, Overweight and Obese for the Years 1995, 2000 and 2006 <sup>(2)</sup>.

(1) Source: [http://www.cdc.gov/nccdphp/dnpa/bmi/adult\\_BMI/about\\_adult\\_BMI.htm](http://www.cdc.gov/nccdphp/dnpa/bmi/adult_BMI/about_adult_BMI.htm)

(2) Behavioral Risk Factor Surveillance System (Prevalence Data) Source: <http://apps.nccd.cdc.gov/brfss/>